



# Meet VMAP's Eastern Region Team

*The below team is available to support eastern region PCPs and practices via consultation and care navigation*



## Victoria Cartagena, LCSW

Victoria Cartagena is VMAP's eastern region Licensed Mental Health Professional (LMHP), working out of CHKD. As the LMHP, she works with primary care physicians (PCPs) to provide behavioral health consultations, mental health

education, and support in connecting families to resources. Graduating from VCU in 2017, Victoria is a Licensed Clinical Social Worker. She has a passion for working with children and families while supporting the goal of healing and transformation from a solution-focused and strengths-based approach. Victoria has experience in treating complex trauma, anxiety, depression, parent-child relational concerns, and low self-esteem/confidence. One of the main reasons Victoria pursued a career in social work is her heart for serving underrepresented communities and increasing access to mental health services that are effective and evidence-based. Victoria is trained in trauma-focused cognitive behavioral therapy. She currently lives in Norfolk with her two fur babies, Rossi and Timmy. She spends most of her days reading, dancing, writing, and serving at her church.



## Kimberly Pitts

Kimberly Pitts is VMAP's Care Navigator for the eastern region, based out of CHKD. Kim has spent the last ten years with CHKD's Children's Advocacy Center in Norfolk, where she coordinated forensic, medical and mental health

services while also acting as a liaison between caregivers and investigators. Kim also coordinated multidisciplinary teams to ensure a coordinated response to child maltreatment cases and encourage positive outcomes for families. In her role as Care Navigator, Kim assists PCPs in connecting their patients with mental health services in the community. She is also able to contact families directly at the PCP's request to provide resources and will follow up to ensure that the family has been connected to a provider. Kim has a passion for working with military families to ensure their children are connected to needed services, and for ensuring youth from underserved communities have access to mental health providers to help them have the best opportunities for success.



## Mary Margaret Gleason, MD

One of VMAP's eastern region Child and Adolescent Psychiatrists, Dr. Gleason is part of the growing interdisciplinary child mental health team at CHKD. She is trained as a triple-board physician in pediatrics, general psychiatry, and child and

adolescent psychiatry, and has specialty training in infant and early childhood mental health. Her main clinical interests are bringing quality mental health care to children wherever they are, including pediatric and early intervention settings. She sees patients with child mental health needs of all ages, with a special interest in working with children under 6 and their families as well as children with chronic medical conditions. Before coming to CHKD, Dr. Gleason was on the faculty at Tulane University School of Medicine and at Brown University, where she led training programs for residents in pediatrics, child psychiatry, and triple board as well as medical students. She worked closely with the state of Louisiana to develop programs that expand child mental health services across the state, especially in rural areas, and to support pediatricians, obstetricians, and other health care professionals in addressing children and families' mental health needs.



## Peter Dozier, MD

One of VMAP's eastern region Child and Adolescent psychiatrists, Dr. Dozier, is the Medical Director of psychiatry and psychology for CHKD's Mental Health Program. Dr. Dozier completed a pediatric internship at CHKD, and then completed his fellowship and was chief resident in

child psychiatry at Johns Hopkins Hospital. He returned to CHKD in 2008, where he opened the division of child psychiatry and psychology. This allowed him the opportunity not only to work directly with children and families, but to extend care through helping pediatricians in their work with this very underserved population. Dr. Dozier's life experiences taught him the value of being persistent, embracing change and following one's heart. He has used these lessons to help him work with children whose development has been detoured by adversity, academic frustration, emotional dysregulation, or unhappy social experience. Dr. Dozier has a passion for helping families, teaching residents, planning conferences, and helping program development.

Meet the rest of the team



### Carl Petersen, MD

Dr. Carl Petersen is CHKD's Chief of Psychiatry and Mental Health Services and serves as one of VMAP's eastern region Child and Adolescent Psychiatrists. Dr. Petersen is dual board certified by the American Board of Psychiatry and Neurology in

general and child and adolescent psychiatry. A retired U.S. Navy captain, Dr. Petersen brings a wealth of experience overseeing mental health initiatives and programs. He spent the last 10 years of his military career at Naval Medical Center Portsmouth, serving the last three as its director of mental health. As an advocate for children's mental health, Dr. Petersen led efforts to improve access to evidence-based care for children with behavioral difficulties and created a program to help pediatric residents properly diagnose and treat children with psychiatric illnesses. He also established initiatives that expanded access to mental health services for military service members. In his role at CHKD, Dr. Petersen helps lead the hospital's efforts to provide much-needed inpatient and outpatient mental health services to children throughout Virginia.



### Daniel Spencer, MD

Based out of CHKD, Dr. Spencer is one of VMAP's eastern region Child and Adolescent Psychiatrists. Dr. Spencer grew up in upstate New York, the youngest of four brothers. While there were no doctors in the family, his parents encouraged him to follow his interests. That meant many

science, math, Latin and Ancient Greek classes throughout high school and college. After playing water polo at Brown University and making many trips to California with the team, Dr. Spencer was drawn to the west coast for medical school at Keck School of Medicine at the University of Southern California. He returned to Brown University for a residency at Rhode Island Hospital and most recently served four years as co-director of the inpatient integrated medical psychiatric program at Hasbro Children's Hospital in Providence, Rhode Island. Dr. Spencer enjoys working with families and getting to know how each approaches issues that come up. He and his wife have three children.

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